

Abstract

The Role of Nursing Leadership in Promoting Evidence-Based Nursing Practice

Anna Arnone¹, Rocco Capasso², Giovanni Gioiello³, Alessandro Marino⁴

¹ University Hospital Federico II (AOU Federico II), Naples, Italy

² IRCCS Fondazione G. Pascale, Naples, Italy

³ Faculty of Medicine, Kore University of Enna, Enna, Italy

⁴ AORN Antonio Cardarelli, Naples, Italy

(Corresponding Author: anna.arnone93@live.it)

Citation: Arnone A, Capasso R, Gioiello G, Marino A. “The Role of Nursing Leadership in Promoting Evidence-Based Nursing Practice” (2026) *International Journal of Health Supplements* 1(Suppl. 1):95. Supp. DOI: <https://doi.org/10.82051/ijhs-2026-1>

Introduction. The implementation of evidence-based nursing (EBN) remains uneven across healthcare settings despite its recognized impact on quality and safety of care. Barriers such as time constraints, limited educational preparation, and organizational culture are well described; however, the specific contribution of nursing leadership in facilitating evidence-based practice (EBP) is still insufficiently explore.

Methods. This contribution is designed as an opinion-based commentary grounded in current literature and professional experience. Key publications on nursing leadership styles and EBP implementation were critically examined to identify recurring themes and leadership-related facilitators relevant to clinical practice.

Results. The analysis suggests that nursing leadership plays a pivotal role in promoting EBP by influencing clinical decision-making, fostering supportive learning environments, and encouraging professional autonomy. Transformational and participative leadership styles appear particularly effective in enhancing nurses’ engagement with research evidence and integrating EBP into routine care.

Discussion. Nurse leaders can act as catalysts for evidence-based nursing by bridging the gap between research and practice. Investing in leadership development focused on EBP may strengthen organizational culture, improve clinical outcomes, and support the professional growth of nurses. Further reflection is needed on how leadership competencies can be systematically integrated into nursing education and practice.

Keywords: Nursing Leadership, Healthcare Organization, Evidence-Based Practice, Evidence-Based Nursing

© The Author(s) 2026. This abstract is published by iEditore and distributed under the terms of the Creative Commons Attribution 4.0 International License (CC BY 4.0).

Funding: This research received no external funding. **Conflict of Interest:** The authors declare no conflict of interest.