Editorial

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Connecting Disciplines, Transforming Health: The Vision of the Interdisciplinary Journal of Nursing and Health

Ercole Vellone[1], Hamilton Dollaku[2], Emanuele Buccione[3]

[1] *Department of Biomedicine and Prevention, University of Rome Tor Vergata, Italy (mail: ercole.vellone@uniroma2.it)*
[2] *Department of Cardiopulmonary Rehabilitation, IRCCS Don Gnocchi Hospital, Florence, Italy*
[3] *Pediatric Intensive Care Unit, Health Local Authority 3, Pescara, Italy*

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Welcome Interdisciplinary Journal of Nursing and Health!

We are at the beginning of a journey and we launch the Interdisciplinary Journal of Nursing and Health (IJNH) with an ambitious vision: to create a space where diverse health disciplines meet, integrate, and generate shared knowledge and practice for the wellness of people we care for.

This journal emerges from the recognition that the complex health challenges of our time demand collaboration across traditional boundaries, bringing together all healthcare disciplines (nursing, medicine, psychology, sociology, public health, technology, bioethics, environmental science, humanities etc.) in dialogue. The IJNH positions itself as a global platform for scientific exchange that embraces contextual diversity, values methodological plurality, and advances an impactful science. We are committed to promoting research that not only describes reality but helps transform it — research that connects, empowers, and drives cultural and political change.

The IJNH represents the evolution of Infermieristica Journal, which for three years has served as a vital platform for nursing scholarship, supporting research capable of engaging both national and international scientific communities. Under the distinguished leadership of Professor Laura Rasero, Infermieristica Journal fostered a nursing scholarship that was open, rigorous, and continuously evolving, building a reputation for scientific excellence and commitment to evidence-based practice. We extend our deepest gratitude to Professor Rasero for her vision, dedication, and the solid foundation she established — a foundation upon which the IJNH now builds. This transformation reflects not an abandonment of nursing's roots, but rather their natural extension into new territories, where nursing science can engage more fully with the complex, multifaceted realities of contemporary healthcare.

The Imperative for Interdisciplinarity

We live in an era where science must move swiftly — yet with depth, responsibility, and

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purpose. Global health challenges demand a vision that transcends disciplinary and professional boundaries. The increase of chronic diseases, the climate changes, the growing health inequities, immigration, and the digital transformation of healthcare have demonstrated unequivocally that isolated disciplinary approaches are insufficient to address nowadays' challenges. Health is not the exclusive domain of any single profession but it is the intersection of biological, psychological, social, cultural, economic, and environmental factors. The nurse who understands sociological perspectives is better equipped to address health disparities; the physician who engages with nursing's holistic approach to patient care provides more comprehensive treatment; the health policy researcher who collaborates with frontline practitioners creates more implementable solutions. The IJNH was created to build a scientific environment where nursing naturally interacts with medicine, psychology, sociology, public health, technology, bioethics, environmental science, and the humanities, acknowledging health as a complex, collective, dynamic phenomenon.

Our Mission and Vision

Our mission is to promote research that describes reality, but above all helps transform the everyday experience of people and communities. We believe that knowledge takes its fullest meaning when it touches lives, influences decisions, and connects professionals around shared values.

At IJNH we will be happy to publish papers that:

- Bridge health disciplines by bringing together researchers from nursing, medicine, allied health professions, social sciences, humanities, and beyond to address shared concerns;
- Emphasize and integrate diverse methodologies by valuing quantitative, qualitative, and mixed-methods approaches, recognizing that different questions require different tools and different ways of listening to reality;
- Engage with practice by ensuring research remains grounded in the lived realities of patients, families, communities, and healthcare professionals;
- Embrace global perspectives by welcoming contributions from all geographical contexts and cultural traditions and by recognizing the richness that diversity brings to scientific dialogue;
- Advance innovation by exploring emerging technologies, novel interventions, and creative solutions to persistent problems
- Demonstrate impact by articulating clear pathways through which knowledge translates into improved health outcomes, policy change, or enhanced practice.

What We Publish

The IJNH welcomes a broad range of scholarly contributions that advance our understanding of health, illness, healing, and care in all their human, social, and relational dimensions:

- Original research articles employing diverse methodologies to investigate health phenomena, interventions, outcomes, or systems, with a special interest in studies that illuminate the complexity of real-world contexts;
- Research protocols describing planned studies to promote transparency, reproducibility, and early-stage scientific collaboration;
- Review papers synthesizing evidence across disciplines and identifying gaps in current knowledge while offering reflections that guide future directions;;
- Commentaries offering critical analyses of emerging issues, policies, or debates in health and healthcare with the courage to challenge assumptions and spark dialogue;
- Letter to the Editor commenting published papers to emphasize the science dialogue;
- Case reports, case series and practice innovations describing and evaluating novel approaches to care delivery, education, or leadership that emerge directly from clinical wisdom and frontline experience;
- Guidelines and consensus statement focusing on health challenges and solutions in diverse international contexts

We particularly encourage submissions that explicitly engage with multiple disciplinary perspectives, that address all health issues, that center patient and community voices, or that grapple with the ethical dimensions of health research and practice.

An Invitation to Our Community

We are particularly grateful to all nursing authors who have supported Infermieristica Journal over the years and we invite them to continue sharing their research. At the same time, we welcome to the IJNH also the contributions of scholars from medicine, public health, psychology, sociology, social work, pharmacy, rehabilitation sciences, and other health-related fields.

We invite also students and emerging scholars to submit their works as we are committed to nurturing the next generation of interdisciplinary health scientists. The IJNH encourages you to see this journal as a platform for developing your voice within the broader health science community.

Finally, we invite also practitioners, policymakers, and community partners to submit their works because we believe that knowledge creation must involve those who live and work at the intersection of theory and practice. We welcome practice-based scholarship and contributions that bridge the research-practice gap.

Looking Forward

The Interdisciplinary Journal of Nursing and Health does not replace another journal but evolves. It is the continuation of a journey, and the affirmation of a vision: a health science that thinks together, acts together, grows together. As we launch this new chapter, we do so with humility about the challenges ahead and enthusiasm for the possibilities it creates.

We envision a journal that becomes known not only for the quality of its scholarship but for its contribution to solving real-world health problems. We aspire to be a venue where meaningful dialogue occurs across differences, where innovative ideas are nurtured, and where evidence is translated into action. We commit to supporting open science practices, promoting equitable access to knowledge, and maintaining the highest ethical standards in all aspects of our work.

The health challenges of the 21st century require nothing less than our collective intelligence, creativity, and commitment. As we open the pages of this first issue of IJNH, we invite you to join us in building a more integrated, more responsive, and more impactful health science.

Together, we can advance knowledge that truly serves health — in all its complexity, diversity, and possibility.

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